Treatment of erlotinib-induced acneiform eruption with chromophore gel-assisted phototherapy

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CASE STUDY
49-year old female with an acneiform eruption induced by erlotinib. Patient was diagnosed with stage IV EGFR-mutant adenocarcinoma of the lung and commenced on erlotinib 150 mg/day. Within 3 days, she developed an acneiform eruption. Different treatments were tried:
- Topical hydrocortisone and systemic doxycycline 100 mg/day: acneiform eruption progressed.
- Daily washes with benzoyl peroxide and transition to topical methylprednisolone aceponate and minocycline 100mg: modest response.
- Treatment with chromophore gel—assisted phototherapy (Kleresca®). Patient received 12 sessions over six weeks: very good response.

RESULTS AFTER KLERESCA® ACNE TREATMENT
Topical and oral treatments tried were ineffective, but Kleresca® showed positive results:
- Decrease of severity of acneiform eruption from an Investigator’s Global Assessment (IGA) of 5 to 0.
- Decrease of scoring of the Acne Quality of Life Index from 78 to 23.
- Increase on the Acne-QOL index from 49 to 109.

CONCLUSIONS
- There is emerging evidence for the effectiveness of Kleresca® using Fluorescent Light Energy (FLE) in acne, as well as other dermatological conditions with adnexal pathology such as rosacea.
- Kleresca® is non-invasive, in-clinic intervention with no known systemic side effects.
- The case presented suggests that there may be some promise in using Kleresca® as management of acneiform eruptions induced by EGFR inhibitors.

For more information, visit the original publication.